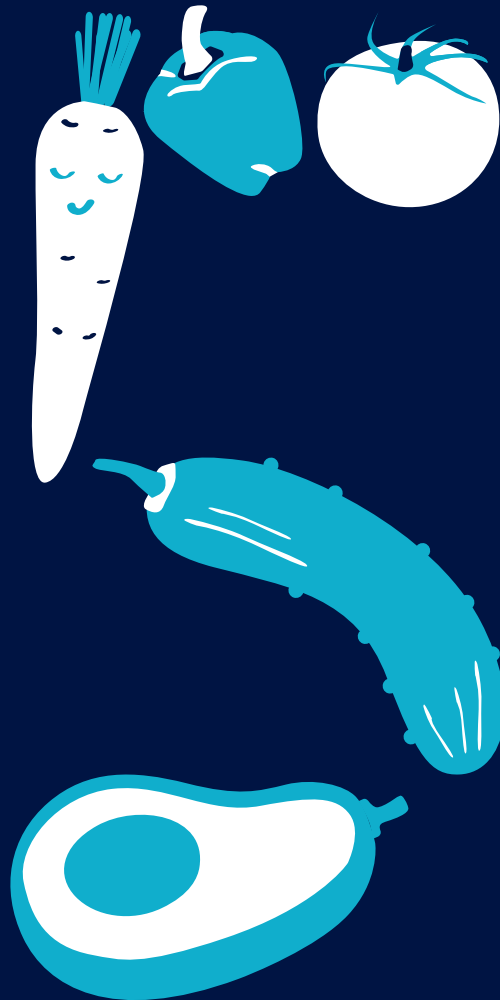




Healthy Heads in Trucks & Sheds



# Aim for five.

Make 5 serves of veggies a day your goal.  
Add a vegetable or two wherever you can  
to sandwiches, smoothies & snacks.